



## II All-Russian Online Conference

### "Mental Health Care for Children, Adolescents and Youth"

22 April 2021, 4 pm (Moscow time)

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#### Organized by

The Union for Mental Health in cooperation with the Faculty of Psychology of the Lomonosov Moscow State University (Moscow), the Kursk State University of the Ministry of Higher Education and Science of the Russian Federation (Kursk), and the Kuban State University of the Ministry of Higher Education and Science of the Russian Federation (Krasnodar).

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#### About

The II All-Russian online Conference "Mental Health Care for Children, Adolescents and Youth" is aimed at raising awareness on mental health among students studying in the specialties as it follows: "psychology", "pedagogy and psychology", and "clinical psychology".

The Conference is the part of the All-Russian Mental Health Awareness Program for University students that is aimed at raising awareness on mental health among medical and non-medical students at the Russian universities via presentation of modern approaches to prevention, diagnosis, treatment, and rehabilitation of mental and behavioral disorders. It serves also for developing networks and cooperation in mental health field between universities and improving attitudes to mental health specialists.

The Conference will be broadcasted on April 22, at 4 pm (Moscow time) on the Union for Mental Health YouTube channel: [https://www.youtube.com/channel/UCp7gclHvgmu\\_u5cCXv1VCCA](https://www.youtube.com/channel/UCp7gclHvgmu_u5cCXv1VCCA)

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#### Program

##### 4 pm

##### Welcome speeches:

**Natalia Treushnikova**, President & Founder of the Union for Mental Health, Co-Chair of the Congress on Mental Health: Meeting the Needs of the XXI Century

**Yury Zinchenko**, Dean of the Faculty of Psychology at the Lomonosov Moscow State University, Director of the Psychological Institute of the Russian Academy of Education, President of the Russian Psychological Society, Full Member of the Russian Academy of Education, Doctor of Psychology

**Alexander Khudin**, Rector and Professor of the Kursk State University, Doctor of Pedagogical Sciences

##### 4.30 pm

##### Keynote report

##### The Role of Psychology in Understanding and Addressing the Unexpected Increases of Mental Health Problems

**Antonio E. Puente**, Ph.D., 2017 President of the American Psychological Association, Clinical Neuropsychologist, Professor of Psychology of the University of North Carolina Wilmington (USA)

##### Q&A

##### 5 pm

##### Suicidal Behavior of Adolescents: Research in the Framework of Cultural-Historical Psychology and the Practice of Psychological Assistance

**Leonora Pechnikova**, PhD (Psychology), Assistant Professor and Deputy Head of the Department of Patho- and Neuropsychology for Academic Affairs at the Lomonosov Moscow State University; **Natalia Burlakova**,

PhD (Psychology), Assistant Professor and Deputy Head of the Department of Patho- and Neuropsychology for Research at the Lomonosov Moscow State University; **Valery Oleshkevich**, PhD (Philosophy), Senior

Researcher of the Sukhareva Scientific and Practical Center for Mental Health of Children and Adolescents at the Moscow Department of Health; **Snezhana Kokorina**, Clinical Psychologist of the Sukhareva Scientific and Practical Center for Mental Health of Children and Adolescents at the Moscow Department of Health

**5.20 pm**

**Prevention of Suicidal Behavior: The Experience of Psychological Support for the Student at a University**

**Lyudmila Ozhigova**, Professor of the Department of Personality Psychology and General Psychology and Head of Psychological Service at the Kuban State University of the Ministry of Higher Education and Science of the Russian Federation, Doctor of Psychology

**5.40 pm**

**Mental Health as a Phenomenon of the Social System**

**Alexander Kimberg**, PhD (Psychology), Professor at the Department of Social Psychology and Sociology of Management at the Kuban State University of the Ministry of Higher Education and Science of the Russian Federation

**6 pm**

**Psychotherapeutic and Psychocorrectional Effects of Using the "Arka" Hardware Technique**

**Sergey Sarychev**, Professor and Head of the Department of Psychology at the Kursk State University of the Ministry of Higher Education and Science of the Russian Federation, Doctor of Psychology

**6.20 pm**

**Preservation of the Mental Health: Case Study Based on the University Student Psychological Club "Boomerang" Experience**

**Galina Larina, PhD (Psychology)**, Assistant Professor of the Department of Psychology and Head of the University Student Psychological Club "Boomerang" at the Kursk State University of the Ministry of Higher Education and Science of the Russian Federation

**6.40–7 pm**

Q&A