

**IV Всероссийская онлайн межвузовская научно-практическая конференция**

«Психическое здоровье: современные тенденции и перспективы»

**IV All-Russian Online Scientific Interuniversity Conference****«MENTAL HEALTH: MODERN TRENDS & PROSPECTS»****15 April 2021 at 11 a.m. (Moscow time)**

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**Organized by**

The Union for Mental Health in cooperation with the Stavropol State Medical University of the Ministry of Health of the Russian Federation (Stavropol, Russia), the Siberian State Medical University of the Ministry of Health of the Russian Federation (Tomsk, Russia), and the Samara State Medical University of the Ministry of Health of the Russian Federation (Samara, Russia).

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**Goal & Objectives**

The Conference is aimed at raising awareness on mental health among senior students at medical universities in Russia via presentation of modern approaches to prevention, diagnosis, treatment, and rehabilitation of mental and behavioral disorders.

The Event will serve also for developing networks and cooperation in mental health field between Russian universities and improving attitudes to psychiatry as a one of the leading sciences in mental health.

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**Program****11.00 Welcome speeches:**

**Natalia Treushnikova**, President of the Union for Mental Health

**Oleg Salagay**, Deputy Minister of Health of the Russian Federation

**Olga Fyedorova**, MD, Professor & Deputy Rector on Research & Post Diploma Education of the Siberian State Medical University of the Ministry of Health of the Russian Federation

**Anna Khodzhayan**, MD, Professor & Deputy Rector on Education of the Stavropol State Medical University of the Ministry of Health of the Russian Federation

**Elena Zakharova**, PhD (Medicine), Director of the Institute on Social, Humanitarian & Digital Development of Medicine of the Samara State Medical University of the Ministry of Health of the Russian Federation

**11.30 Keynote report:****The WPA 2020-2023 Action Plan**

**Professor Afzal Javed**, President of the World Psychiatric Association (WPA), Consultant Psychiatrist at the UK NHS, Honorary Clinical Associate Teacher at Warwick Medical School, University of Warwick UK and honorary Chairman of the Pakistan Psychiatric Research Centre, Fountain House, Lahore, Pakistan (UK)

**Q & A****12.00****Medical Organization Personnel Development Program: Strategy & Results**

**Oleg I. Boev**, PhD (Medicine), Acting Head of the Department of Psychiatry of the Stavropol State Medical University of the Ministry of Health of the Russian Federation, Chief Physician of the Stavropol State Psychiatric Hospital No. 1"

**12.20**

## **Borderline Personality Disorder: Diagnosis, Treatment, Prevention of Self-Harming Behavior**

**Dmitry V. Romanov**, PhD (Medicine), Associate Professor & Head of the Department of Psychiatry, Narcology, Psychotherapy and Clinical Psychology of the Samara State Medical University of the Ministry of Health of the Russian Federation, Chief Specialist of the Ministry of Health of the Samara Region in the specialty "Psychotherapy"

### **12.40**

#### **Subclinical Phenomena as a Vector of Research in Psychopathology**

**Sergey N. Strelnik**, PhD (Medicine), Associate Professor & Head of the Academic Department of Psychiatry, Narcology, Psychotherapy and Clinical Psychology of the Samara State Medical University of the Ministry of Health of the Russian Federation

### **13.00**

#### **Results of the Online Project on Psychosocial Support for Health Care Workers in the Times of COVID-19**

**Svetlana N. Letunovskaya**, Specialist in Corporate Social Policy of the Personnel Management Office of the Stavropol State Psychiatric Hospital No. 1

### **13.20**

#### **Differences in the Level of Hopelessness and Suicide Risk Among Full-Time and Distance Learning Students in the Context of the COVID-19 Pandemic**

**Artem A. Davydov**, Senior Lecturer of the Department of Fundamental Psychology and Behavioral Medicine of the Siberian State Medical University of the Ministry of Health of the Russian Federation

### **13.40**

#### **Consistency of Ideas About Family Roles as the Basis of Adaptive Potential and Protection of Mental Health of University Students**

**Olga Nikolskaya**, Associate Professor of the Department of Fundamental Psychology and Behavioral Medicine of the Siberian State Medical University of the Ministry of Health of the Russian Federation

### **14.00–14.30**

Q & A